

THE GLOBAL RESOURCE FOR ANTI-AGING



Anti-Aging

MEDICAL NEWS

THE CANCER PROFILE

*AND ITS CLINICAL
APPLICATIONS*

**EMERGING
BREAKTHROUGH
IN ONCOLOGY:
GENOME TESTING BASED THERAPY**

IN THIS ISSUE

Welcome Letter	PG 5
The Antiaging Triad	PG 20
A Strong Nutrition Program to Enhance Your Hormone Therapies	PG 50
Exhibitor Listings	PG 63
Product Announcements	PG 138

SPRING 2011 OFFICIAL SHOW HANDBOOK
19TH ANNUAL WORLD CONGRESS ON ANTI-AGING
AND AESTHETIC MEDICINE



IS THE END OF OBESITY IN SIGHT?

A growing number of A4M physicians who incorporated HCG programs into their clinical practices have reported significant weight loss and successful maintenance.

I met Karen in 1963 when she was 16 years old, we married in 1968. Forward ahead, 42 years of a wonderful marriage, 6 children, 10 grandchildren and 200+ additional pounds between us. My wife and I tried virtually every weight loss program that came on the market such as liquid protein, powder protein, meal replacements, Atkins and countless others, even if they admitted the advertised results were atypical. All had limited weight loss success, zero long term success and often a weight gain afterwards. Why, like so many other people who have been successful in so many aspects of their lives, were we not able to control our weight? Why, like so many others, did we continue to gain weight and be severely overweight?

I had begun reading about a program by the late Dr. Simeon which consisted of low dose, HCG (Human Chorionic Gonadotropin) along with a VLCD (very low calorie diet) which had enormous success in his patients for the treatment of obesity and Metabolic Syndrome. He explained his theory and documented his findings in his manuscript entitled "Pounds and Inches." Metabolic Syndrome consists of some or all of the following: elevated blood pressure, elevated cholesterol, elevated triglycerides, insulin resistance and central obesity. Dr. Simeon purported that his HCG protocol would cause weight loss and reduce inches by mobilizing abnormal fat stores in the abdomen, neck, arms and legs. By doing so it would lower or eliminate the need for pharmaceuticals to treat the symptoms of Metabolic Syndrome.

In September 2009, I was a guest speaker at the A4M conference in San Jose, CA. The A4M conference brings together physicians, pharmacists, and other health care practitioners who practice Anti-Aging and regenerative medicine. Over the five years that I have been a speaker there I have met

many professionals who treat Metabolic Syndrome and obesity. At the conference I spoke with pharmacists and physicians who utilize the HCG programs in their clinical practices. Some of the pharmacists were able to compound HCG into a low dose sublingual solution negating the need for daily injections. I was also inspired by a medical school classmate of mine who used the Dr. Simeon HCG program in 2004, lost more than 70 pounds and not regained any of the weight in over five years.

This convergence of events led me in September 2009, at the age of 63, 6' tall and weighing 334 pounds, to start the HCG program. I used the prescription pharmaceutical sublingual HCG that was prepared by one of the compounding pharmacists at the conference. At the same time, my oldest son Jeremy (6'1" - 275 pounds), an attorney, joined me. After one month I had lost almost 30 pounds and Jeremy lost approximately 25 pounds. In October my wife, Karen, (5'4½", 230 pounds) and my daughter, Jennifer, (5'7", 225 pounds), an Associate Professor of Nursing at DePaul University, joined us.

By December 2009, I was down to 275 pounds, the lowest weight I had been in more than 30 years. For the first time in over 30 years, I had normal blood pressure readings, no longer needing prescription pharmaceuticals to control it. For the first time in many years the weight on my driver's license was more than my actual weight.

I integrated the HCG program into my practice in March 2010. I had a dual purpose for doing this as I would be the inspiration for my patients and they would be mine. To date we have had approximately 500 patients, more than 400 have stayed with the program and have collectively lost over 9 TONS! Many of the patients have reduced their need for prescription pharmaceuticals for controlling blood pressure, cholesterol and blood sugar and others have eliminated the need completely as their metabolic values have become normal. Just today (January 17, 2011) I received an email from one of my patients, who has joined me in the 100 pound weight loss club. He is the sixth patient of mine to join this elite club - an incredible achievement. We have had more than 100 patients who have lost more than 50 pounds and many who have lost between 20 and 50 pounds (not everyone needed to lose as much weight as I did). To date my wife and daughter have lost over 70 pounds each, my son, over 50 pounds, and myself over 100 pounds.

I am so grateful for the A4M physicians and the other medical professionals who are making this HCG protocol available. They have helped me accomplish in a relatively short period of time something which I never thought was possible. Thank you, thank you, thank you.

DR. MAYER EISENSTEIN, MD, JD, MPH, is a graduate of the University of Illinois Medical School, the Medical College of Wisconsin School of Public Health, and the John Marshall Law School. In his 38 years in medicine, he and his practice have cared for over 75,000, children, parents, and grandparents. He is the founder and Medical Director of the Homefirst® Health Services. He is Board Certified by the American Board of Public Health and Preventive Medicine, and the American Board of Quality Assurance and Utilization Review Physicians. He is a member of the Illinois Bar.

His latest book, *Making An Informed Vaccine Decision* goes along with his other books: *Give Birth at Home With The Home Birth Advantage*; *Safer Medicine, Don't Vaccinate Before You Educate, 2nd Edition*; *Unavoidably Dangerous - Medical Hazards of HRT and Unlocking Nature's Pharmacy*. Some of his many guest appearances include: "The Oprah Winfrey Show" and "Hannity and Colmes". His weekly syndicated radio show "The Dr. Mayer Eisenstein Show", airs in the Chicagoland area. One of his goals is to lower the use of pharmaceuticals in the American population.